



Horse Oil



About Horse Oil

It is literally oil extracted from horse fat. There are two kinds of oil: one is animal oil and the other is vegetable oil.

Particularly, Camellia oil, which is vegetable oil, and Horse oil, which is animal oil, are similar to human oil in structure. Horse oil contains ceramide, which can relieve inflammation; therefore, it has been used regularly for burns, rough skin, chap and cuts since early times in Japan.

The reason why horse oil is good for skin is because it can play two roles in the skin. The cause of trouble and aging of the skin such as spots, wrinkles and dry skin is a lack of water in skin. In order to keep moisture in skin, it is imperative not only to hydrate the skin but also to prevent moisture loss from the skin. Horse oil can do them.



Country of origin

Japan, Mongolia, etc.



Effect of Horse Oil

- Face (acne, spots, wrinkles, razor rash)
- Baby (diaper rash, dry skin)
- Pregnant women (nipple cracks)^{*1}
- Reduction of fatigue^{*2}



Use

Cosmetics, edible

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*1: Mayako Ogawa, et al. Preventive use of horse oil against papillary trouble during puerperium. Medical Online.

*2: Ikuei Yamamoto, Kouzaburou Shibata, et al. 1998. Effect of Horse-oil Intake on the Physiological Response to the Muscle Exercise. Bulletin of Nippon Sport Science University, 28(1), 77-82.