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# NB<sup>2</sup>-Hanayasuritake

(Hanayasuritake mushroom (Cordyceps ophioglossoides) extra powder)



## Description

**NB<sup>2</sup>-Hanayasuritake** is the dried extract of *Hanayasuritake* mushroom (*Cordyceps ophioglossoides*). This mushroom which is characterized by its growth on an underground mushroom has been documented in th e Chinese classical herbal medicine book "Bencao Shiyi". The main health benefits reported are improvements of blood circulation, suppression of bleeding and regulation of menstrual functions. It is a known fact that women must face serious problems when they reach menopause, the period when there is a drastic reduction in secretion of two hormones; the ovarian hormone (estrogen) and progestation hormone (progesterone). It is also a very well accepted theory that estrogen plays a vital role in keeping the female body functioning properly. To loose estrogen means the start of various mind and body disorders such as hot flash (flush, sweating), palpitation, dizziness, irritation and depression. Women nearing the age of menopause disorders should take proper counter measures. NB<sup>2</sup>-Hanayasuritake may help alleviate to an extent some of the menopause disorders.

### Raw materials

Hanayasutitake mushroom (Cordyceps ophioglossoides) Made in Japan

### Amount of intake

Daily intake : 200-600mg

### Specification

Appearance	Light brown - light yellow powder
Aroma	Mushroom aroma
Loss of drying	< 8.0%
Heavy metal	< 20ppm
Total plate count	$< 3x10^{3}/g$
E. coli group	negative
Ash	< 1%
Arsenic	< 2ppm

### Packaging and Storage

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Packing
Storage
Best before date

- ble
- : Store in a cool, dry place
- : 2years after production



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